



Aligning Z Codes with Closed Loop Referral Process Two Part Webinar Series

Stephen Njenga, Director of Quality Measurement and Population Health Improvement

June 26, 2025, 10-11:30 a.m.

Session 2: Payer and Provider Perspectives of Z Codes and Close Loop Referral Network

Overview

This session will highlight the payer and provider perspective of screening for Z codes and how they influence cost and patient outcomes. The integration of these approaches from both the payer and provider perspective can contribute to closing identified gaps and reducing health care disparities. This session will highlight the crucial role of payers and providers with a focus on the impact of policies and programming. Attendees will learn how closed-loop referral platforms can be leveraged to create a seamless and well-coordinated approach in improving health outcomes and reducing costs. These platforms help ensure patients are connected with the right services, fostering better care coordination and support for vulnerable populations.

Pre- Poll Questions

Presenters



Rashmi Srivastava, Chief Medical Officer, Missouri and Iowa Health Plan, United Healthcare Community and State



Alexandra Garrick, Collective Impact Director
National Kidney Foundation



Megan Schultz, Senior Manager, Population Health Partnerships
National Kidney Foundation



Payor Perspective of SDOH and Z Codes

June 26, 2025

Rashmi Srivastava MD

Chief Medical Officer United Healthcare Community and State

United
Healthcare

IMPROVING THE COLLECTION OF Social Determinants of Health (SDOH) Data with ICD-10-CM Z Codes



What Are Z Codes?

- SDOH-related Z codes range from ICD-10-CM categories Z55-Z65 and are used to document SDOH data (e.g., housing, food insecurity, lack of transportation)
- Z codes refer to factors influencing health status or reasons for contact with health services that are not classifiable elsewhere as diseases, injuries, or external causes



Using Z Codes for SDOH

- SDOH information can be collected before, during, or after a health care encounter through structured health risk assessments and screening tools
- These codes should be assigned only when the documentation specifies that the patient has an associated problem or risk factor that influences the patient's health
- Coding professionals may utilize documentation of social information from social workers, community health workers, case managers, or nurses, if their documentation is included in the official medical record



What Are SDOH & Why Collect Them?

SDOH are the conditions in the environment where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks¹

The World Health Organization (WHO) estimates that SDOH accounts for **30-55% of health outcomes**²



Collecting SDOH can improve equity in health care delivery and research by:

- Empowering providers to identify and address health disparities (e.g., care coordination and referrals)
- Supporting quality measurement
- Supporting planning and implementation of social needs interventions
- Identifying community and population needs
- Monitoring SDOH intervention effectiveness for patient outcomes
- Utilizing data to advocate for updating and creating new policies

[VIEW JOURNEY MAP](#)



ICD-10-CM Z Codes Update

- New SDOH Z codes may become effective each April 1 and October 1. New codes are announced prior to their effective date on [CDC website](#).
- Use the CDC National Center for Health Statistics [ICD-10-CM Browser tool](#) to search for all the current Z codes.
- Join the public process for SDOH code development and approval through the [ICD-10-CM Coordination and Maintenance Committee](#)

Exhibit 1. Recent SDOH Z Code Categories and New Codes

Z55 – Problems related to education and literacy

- Z55.5 – Less than a high school diploma (Added, Oct. 1, 2021)

NEW Z55.6 – Problems related to health literacy

Z56 – Problems related to employment and unemployment

Z57 – Occupational exposure to risk factors

Z58 – Problems related to physical environment (Added, Oct. 1, 2021)

- Z58.6 – Inadequate drinking-water supply (Added, Oct. 1, 2021)

NEW Z58.8 – Other problems related to physical environment

- NEW** • Z58.81 – Basic services unavailable in physical environment

- NEW** • Z58.89 – Other problems related to physical environment

Z59 – Problems related to housing and economic circumstances

- Z59.0 – Homelessness (Updated)

- Z59.00 – Homelessness unspecified (Added, Oct. 1, 2021)

- Z59.01 – Sheltered homelessness (Added, Oct. 1, 2021)

- Z59.02 – Unsheltered homelessness (Added, Oct. 1, 2021)

- Z59.1 – Inadequate Housing (Updated)

- NEW** • Z59.10 – Inadequate housing, unspecified

- NEW** • Z59.11 – Inadequate housing environmental temperature

- NEW** • Z59.12 – Inadequate housing utilities

- NEW** • Z59.19 – Other inadequate housing

- Z59.4 – Lack of adequate food (Updated)

- Z59.41 – Food insecurity (Added, Oct. 1, 2021)

- Z59.48 – Other specified lack of adequate food (Added, Oct. 1, 2021)

- Z59.8 – Other problems related to housing and economic circumstances (Updated)

- Z59.81 – Housing instability, housed (Added, Oct. 1, 2021)

- Z59.811 – Housing instability, housed, with risk of homelessness (Added, Oct. 1, 2021)

- Z59.812 – Housing instability, housed, homelessness in past 12 months (Added, Oct. 1, 2021)

- Z59.819 – Housing instability, housed unspecified (Added, Oct. 1, 2021)

- Z59.82 – Transportation insecurity (Added, Oct. 1, 2022)

- Z59.86 – Financial insecurity (Added, Oct. 1, 2022)

- Z59.87 – Material hardship due to limited financial resources, not elsewhere classified (Added, Oct. 1, 2022; Revised, April 1, 2023)

- Z59.89 – Other problems related to housing and economic circumstances (Added, Oct. 1, 2021)

Z60 – Problems related to social environment

Z62 – Problems related to upbringing

- Z62.2 – Upbringing away from parents

- NEW** • Z62.23 – Child in custody of non-parental relative (Added, Oct. 1, 2023)

- NEW** • Z62.24 – Child in custody of non-relative guardian (Added, Oct. 1, 2023)

- Z62.8 – Other specified problems related to upbringing (Updated)

- Z62.81 – Personal history of abuse in childhood

- NEW** • Z62.814 – Personal history of child financial abuse

- NEW** • Z62.815 – Personal history of intimate partner abuse in childhood

- Z62.82 – Parent-child conflict

- NEW** • Z62.823 – Parent-step child conflict (Added, Oct. 1, 2023)

- Z62.83 – Non-parental relative or guardian-child conflict (Added Oct. 1, 2023)

- NEW** • Z62.831 – Non-parental relative-child conflict (Added Oct. 1, 2023)

- NEW** • Z62.832 – Non-relative guardian-child conflict (Added Oct. 1, 2023)

- NEW** • Z62.833 – Group home staff-child conflict (Added Oct. 1, 2023)

- Z62.89 – Other specified problems related to upbringing

- NEW** • Z62.892 – Runaway [from current living environment] (Added Oct. 1, 2023)

Z63 – Other problems related to primary support group, including family circumstances

Z64 – Problems related to certain psychosocial circumstance

Z65 – Problems related to other psychosocial circumstances

Closed Loop Referral System

- Identifying Patients with HRSNs: Integrated SDOH screening tools, often linked to EHR systems, can automatically assign relevant Z codes, helping providers identify patients with unmet social needs.
- Facilitating Referrals to CBOs: Once social needs are identified through Z codes, CLR systems can facilitate referrals to appropriate CBOs that can provide necessary support services, such as housing assistance or food programs.
- Tracking and Following Up: CLRs track the status of referrals and ensure follow-up with patients to ensure they access needed services and address any barriers they may encounter.
- Improving Communication and Coordination: CLRs, especially those integrated with EHR systems, facilitate bidirectional communication between healthcare providers and CBOs, creating a seamless and coordinated approach to care





**How is Missouri using Z codes
to improve health outcomes?**

Notice of Pregnancy Form

Notification of Pregnancy Form

Website vs. Paper



✓ Provider Information

Participant Information

Participant Information Continued

Clinical History

Clinical History Continued

Social Risk Factors

Social Risk Factors Continued

Submit

NOTIFICATION OF PREGNANCY AND RISK SCREENING

The purpose of this form is to collect information relevant to clinical and social risk during pregnancy, to initiate contact with participants to offer prenatal case management services and supports, and to update the participant's MO HealthNet benefit category. Health plan members will be contacted by their respective plan upon receiving this information. For MO HealthNet (traditional Medicaid) participants, the medical care provider should inform pregnant women of available prenatal case management benefits, and a referral should be made to a MO HealthNet participating prenatal case management provider. For a list of prenatal case management providers, see: <https://mymohealthportal.com/provider-search/>.

A pdf of this form may be downloaded [here](#).

Provider Information

Provider Name: *

NPI: *

Provider Phone Number: *

Date Completed: *

mm/dd/yyyy

Next

MoHealthNet

Healthy Blue

home state health

UnitedHealthcare
Community Plan

NOTIFICATION OF PREGNANCY AND RISK SCREENING

The purpose of this form is to collect information relevant to clinical and social risk during pregnancy, to initiate contact with participants to offer prenatal case management services and supports, and to update the participant's MO HealthNet benefit category. Health plan members will be contacted by their plan upon receiving this information. Submit this form upon confirmation of pregnancy diagnosis to the MO HealthNet centralized portal at: tinyurl.com/NotP-MHD. For MO HealthNet (traditional Medicaid) participants, the medical care provider should inform pregnant women of available prenatal case management benefits, and a referral should be made to a MO HealthNet participating prenatal case management provider. For a list of such providers, see: mymohealthportal.com/provider-search/.

Provider Information

Provider Name

NPI

Provider Phone Number

Date Completed

Participant Information

First Name

MI

Last Name

Nickname/Preferred Name

Date of Birth

MO HealthNet DCN (8-digit Medicaid #)

Preferred Language

Home Street Address

City

State

Zip Code

Email Address

Home Phone

Cell Phone (SDOH screener to verify best #)

Choose all that apply: (Optional)

☐ American Indian/Alaskan Native

☐ Hispanic

☐ Declined to respond

☐ Asian

☐ Pacific Islander

☐ Black

☐ White

Permission for MO HealthNet health plans to text cell number to offer health management and pregnancy resources? ☐ Yes ☐ No

Clinical History

Estimated Gestational Age Today (Weeks) **Z3Axx**

Estimated Due Date

Previous pregnancy outcomes that may elevate risk:
☐ Pre-term (33-37 weeks gestational age)
☐ Extreme or very pre-term (32 weeks or less)
☐ Fetal demise and/or incompetent cervix
☐ Early pregnancy loss for any reason
☐ Delivered by C-section

Gravida

Para

Current Pregnancy:
☐ Singleton
☐ Multiple Gestation

Were there previous pregnancies complicated by hypertensive disorders of pregnancy or peripartum cardiomyopathy?

☐ Yes
☐ No/NA

Were there other complications in any previous pregnancies such as gestational diabetes, excessive nausea and vomiting, or postpartum depression?

☐ Yes
☐ No/NA

Is there a known history of substance use that may elevate pregnancy risk, such as:
☐ marijuana/THC ☐ tobacco ☐ alcohol
☐ opioids, narcotics, amphetamines, or other illicit drugs/substances

☐ Yes
☐ No

Does the patient have hypertension?

☐ Yes
☐ No

Does the patient have an autoimmune condition or sickle cell disease?

☐ Yes
☐ No

Is there a history of any other chronic conditions or diagnoses that may elevate pregnancy risk, such as diabetes, anemia, asthma, cardiovascular conditions, or seizures?

☐ Yes
☐ No

Is there a known history of a serious behavioral health condition, such as depression or bipolar disorder?

☐ Yes
☐ No

Social Risk Factors

Name of Screener

Best Contact Phone Number

Best Contact Email Address for NOP Confirmation

Concerns about being able to access medical care, medications, or medical supplies for pregnancy? **Z59.86**

☐ Yes
☐ No*

Lack of reliable transportation to prenatal visits and other activities to support a healthy pregnancy **Z59.82**

☐ Yes
☐ No*

Concerns about domestic abuse (physical, emotional, sexual) **Z63.0**

☐ Yes
☐ No*

At elevated risk for sexually transmitted infections (HIV, syphilis, hepatitis, chlamydia, etc.) affecting pregnancy

☐ Yes
☐ No*

Will need supplies to care for baby at home (crib, car seat, diapers, etc.) **Z59.87**

☐ Yes
☐ No*

Lacks a support system (family, friends, etc.) to help with the pregnancy and after delivery

☐ Yes
☐ No*

Does not have consistent access to nutritious food **Z59.4**

☐ Yes
☐ No*

General concerns about housing **Z59.0, Z59.1, Z59.81**

☐ Yes
☐ No*

Concerns related to crime or violence in the community **Z65.4**

☐ Yes
☐ No*

Currently working with a caseworker/social worker?

☐ Yes
☐ No*

Needs legal assistance on any concern that may impact maternal/fetal health?

☐ Yes
☐ No*

If SUD is a concern, is there interest in treatment or recovery services?

☐ Yes
☐ No/NA

* No includes "not disclosed" and "unknown".

2575-076

January 2025



UHC Community Plan Maternity Case Management

Maternity Case Management Team consists of:

- RN's, LPN's
- CHW's
- Licensed Social Worker

Once a referral is received and reviewed, a Case Manager is assigned to member:

- The appropriate Case Manager is assigned based on acuity level
- Outreach is initiated with member within the appropriate time frames.

All pregnant members receive outreach, from:

- Healthy to Low-Risk and
- Moderate to High-Risk

Member referrals received within the health plan through multiple avenues:

- Member referrals received from OB Providers / NOP (Notice of Pregnancy) forms – **Incentivized eNOP**
- Social workers in the Community / Providers offices
- IP admissions / BH admissions / ER visits / Monthly Claims Reports



Holistic approach utilizing a multidisciplinary team to:

- Assess & Address SDOH needs first
- Assess & Address Medical, Dental & BH Needs



Ashley
32yo 31wk G3P2
Resides in SE MO

Patient identification from NOP

Recently moved to MO from WA due to safety concerns
Limited family support
She and spouse were unemployed
Experiencing food insecurity



Clinical history

Bariatric surgery (BMI39.9)
HX of:
Pre-e
2 previous c/s deliveries
Depression
SUD/AUD
Current smoker

Additional Needs Medical support for pregnancy
BH/PSS assistance
Dental care (none for 2 years)
Transportation – Ashley's OB care was one hour away



Intervention

Located local PCP, BH and Dental providers
Resources for community/financial resources including food banks/food pantries

Ashley's UHC Care Team

Peer Support
Housing Coordinator
Social worker
Dental Advocate
Maternity Care Manager
OB office RN



Results

Established care with needed providers for OB, Medical, BH conditions.
Connected with community and financial resources to address her food insecurities

UHC Clinical Team Approach



Case Manager

Outreach to member & enrolled into HFS Case Management program. Provided member with VAB's, breast pump. Educated member about the WIC Program, how to sign up, and assisted with address to local office. Continued support during pregnancy and after delivery to address depression, CHTN, asthma, provide smoking cessation resources, & transportation. Case Manager continued to work with PSS to provide on going reinforcement.



PSS - Peer Support Specialist

Peer Support Specialist visited member at her home throughout the pregnancy and up to one year after delivery. Recovery and resources provided. As well as continued support to aid in sobriety journey. Member & husband active in AA.



Dental Advocate

Outreach to member to assist with locating dental provider, assisting with scheduling an appointment and educated member on good dental hygiene.



Maternity Social Worker / CHW / Housing Coordinator

Provided member with community resources, local food pantries, Walmart gift card, sent emergency food box as members husband out of work, and assisted with housing needs.





Questions?

Session 2: Payer and Provider Perspective of Z Codes and Closed Loop Referral Network

*Advancing Health Equity Across
Chronic Kidney Disease*

Show me



CKD

intercept®

40% of people with diabetes and 80% of people with hypertension don't get appropriately tested for CKD

1 in 3 adults is at risk for chronic kidney disease (CKD)

1 in 7 adults has CKD, 90% don't know they have it

Communities of color, lower income communities and rural populations experience higher rates of CKD

Most people with CKD will die of a cardiovascular incident before advancing to end-stage

100,000 patients on the transplant waitlist, 12 people die per day waiting for a transplant.

808,000 people are living with ESKD with over 565,600 people on dialysis right now.



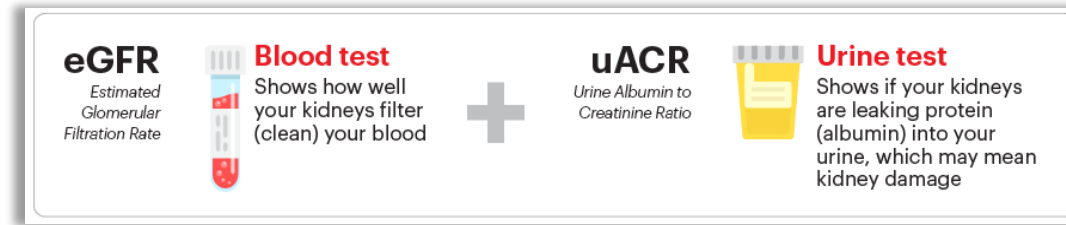
Source: Public Health Sudbury & Districts www.phsd.ca

How Health Disparities Impact Lives

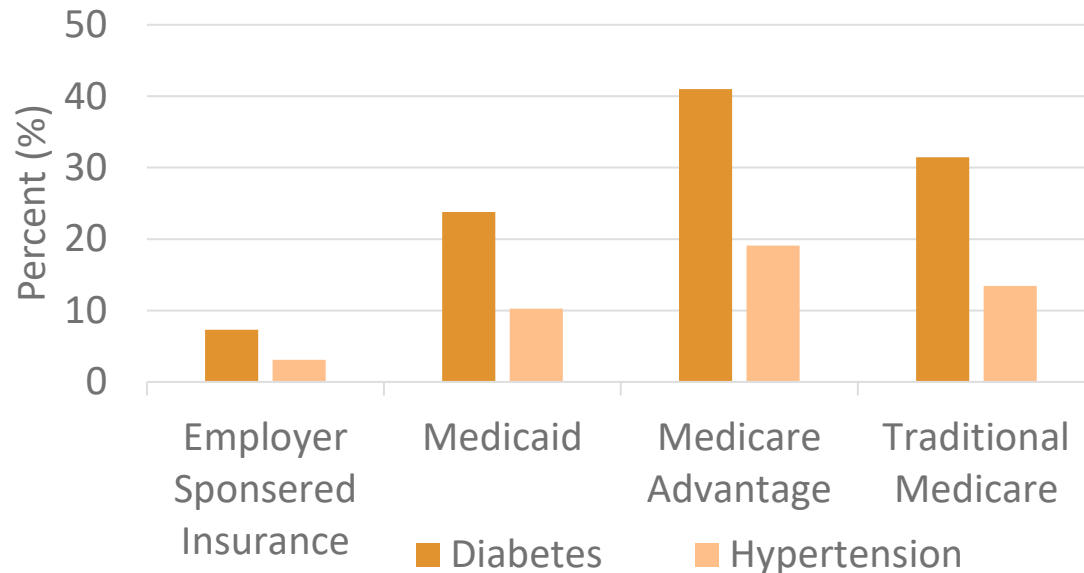


- JaMarcus Crews was predisposed to diabetes from birth
- His mother, Mildred, had diabetes and eventually kidney failure, but was not able to manage it. Healthcare was too expensive and few doctors in Alabama would touch her.
- JaMarcus was raised in a segregated neighborhood in one of the poorest states in the country with the highest rates of diabetes.
- JaMarcus was diagnosed with diabetes in 9th grade but aged out of Medicaid at age 18. Health insurance was only sometimes affordable after that.
- When JaMarcus' kidneys failed at age 30, he was uninsured.
- Living donation was out of reach because of the higher rates of disqualifying medical conditions among his family.
- The fragmentation and shifting of responsibility that plagues kidney care precluded JaMarcus from being waitlisted for a transplant when he was eligible.
- He saw his son heading down a similar trajectory to his mother's and his own.
- Due to his reliance on in-center dialysis, JaMarcus was not able to self-isolate during the pandemic
- JaMarcus passed away from COVID-19 in July 2020.

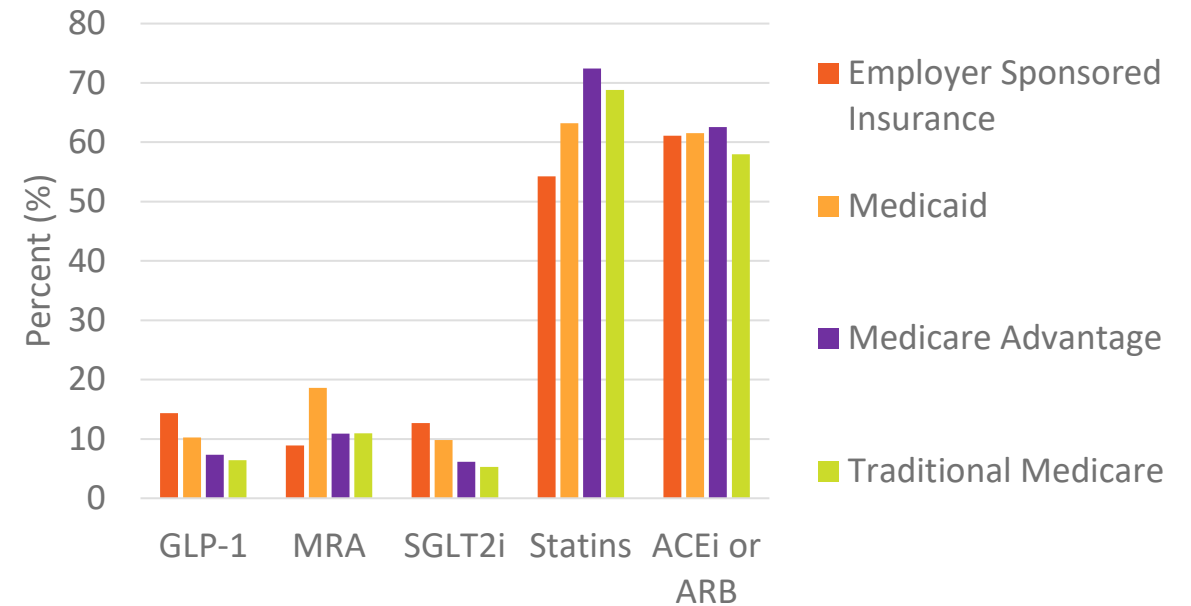
Chronic Kidney Disease Care in Missouri



Percentage of Adults Receiving Appropriate CKD Testing in MO- 2021

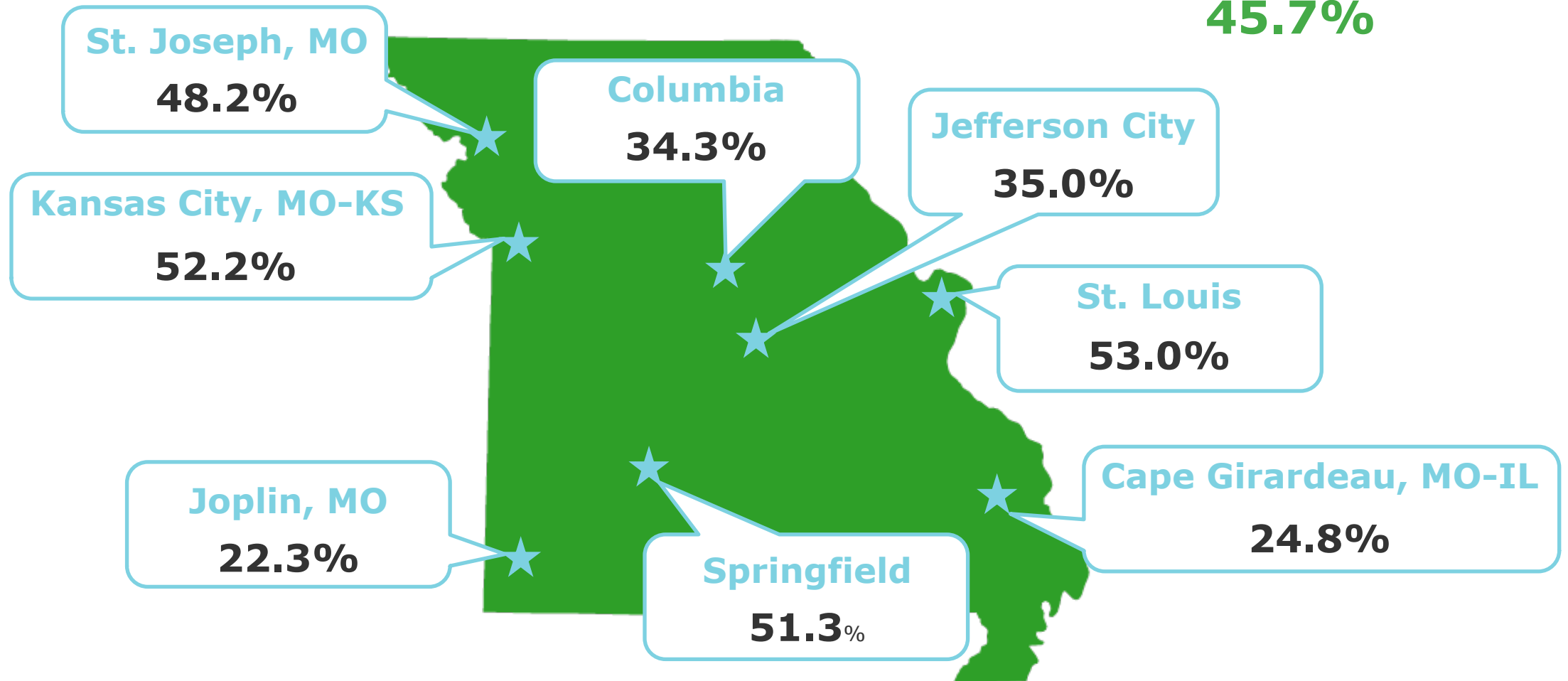


Medication Utilization Among Adults with CKD in MO- 2021



% of 18-64 year olds with a diagnosis of *diabetes* who received both UACR* and eGFR assessment in 2023 (both UACR* and eGFR** assessment)**

**Missouri, Statewide Rate
45.7%**



Data Source: Midwest Health Initiative's dataset of commercially insured Missourians

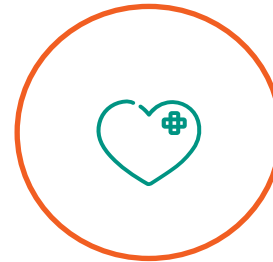
UACR* Urine Albumin-to-Creatinine Ratio
eGFR** Estimated Glomerular Filtration Rate

CKD is a costly, disease multiplier



CKD

Annual medical costs 30% higher than non-CKD



Cardiovascular Disease

Annual medical costs: 185% higher



Diabetes


Annual medical costs: 135% higher



Heart Failure

Annual medical costs: 275% higher

**CKD +
Diabetes +
Heart
Failure:
370%
higher**



CKD Change Package:

Translating your data into
actionable insights to bridge
care gaps

Is CKD Care Equitable?

Black Americans make up 14% of the US population but represent 30% of end-stage kidney disease (ESKD) population.

Black Americans are more than 4 times more likely to develop ESKD,

Hispanic and Native Americans are more than 2 times more likely to develop ESKD,

Asian Americans are 1.6 times more likely to develop ESKD

(compared to White Americans)

1. Are there population subgroups where disparities exist in access and care?
2. Are there specific zip codes or clinics with lower testing?
3. Are there groups/zip codes with greater negative impacts from social determinants?
4. Are there innovative interventions that can be employed (i.e., standing orders for CKD testing ordered by pharmacy, home testing, CHW deployment)?
5. Is there alignment between the data you have compiled and the organization's equity vision?

Case Example 1: CKD Learning Collaborative

Program Description

The NKF CKD Learning Collaborative is a quality improvement initiative that leads clinical staff to work together to redesign their systems to become more efficient and embed equity into clinical operations and program evaluation.

Participating practice teams:

- Develop data strategies utilizing medical record data to identify individuals with laboratory evidence of CKD
- Develop and implement clinical decision support to ensure routine testing of people at-risk for CKD
- Establish care coordination models to recruit patients for CKD and risk stratify the severity of CKD
- Provide primary care-focused CKD education

Outcomes

60%

Increase in the rate of guideline concordant CKD testing

25%

Decrease in the number of undiagnosed CKD patients

20+%

Increase in use of guideline recommended therapies for CKD

Realized in 12 months of program inception in a safety-net health system.



Case Example 1: CKD Learning Collaborative

Alignment with Healthcare Equity Initiatives

- UH Health Equity Committee partnered with NKF to address SDoH barriers for patients with or at risk for CKD
 - Analyzed CKD Learning Collaborative data to identify disparities
 - Integrated NKF patient educational handouts into the EHR to be included in after-visit summaries (multiple languages)
 - Referred patients facing food insecurity to the onsite Food Pantry
 - Provided dietary recommendations for CKD prevention and management
 - Collaborating with NKF on a pilot for facilitated CKD patient education model

Outcomes

- Enhances TJC accreditation status
- Reduces healthcare disparities
- Process to create internal alignment and best practices
- Differentiates your organization

Health Care Equity Certification

Building a future of better health care experiences for all. Certification provides a path forward toward the goal. Visit our resource center to find practical strategies to help you as you pursue certification.

[Resource center](#)






Step 1: Assess the Quality of CKD Care

Goal: Shed light on opportunities for improved CKD testing, diagnosis, and management

Metrics include:

1. Density of diagnosed CKD
2. Burden of CKD risk due to diabetes and/or hypertension prevalence
3. Guideline concordant screening for CKD
4. Guideline concordant management of CKD



 NATIONAL KIDNEY FOUNDATION.

CKD DATA ANALYSIS STRATEGY

Background

CKD is one of the most under-diagnosed and under-managed chronic diseases. Two laboratory tests, **estimated glomerular filtration rate (eGFR)** and **urine albumin-creatinine ratio (uACR)**, provide the earliest detection and assessment of kidney damage associated with CKD. National data suggest that:

- **Less than 50% of people with diabetes** are routinely tested for albuminuria each year.
- **Only 10% of people with hypertension** are tested annually for albuminuria.

Many at-risk patients already have evidence of CKD in their medical record, but no CKD diagnosis.

The goal of NKF's data assessment process is to shed light on opportunities for improved CKD testing, diagnosis, and management within institutions. There are several metrics that can be used to assess institutional quality of CKD care including:

1. Prevalence of undiagnosed CKD
2. Guideline concordant annual screening for CKD
3. Guideline concordant management of patients with CKD

Recommended Data Analysis Process

To assess exposure rising from undiagnosed CKD:

1. Identify the density of *diagnosed CKD* among your population. (Group 1)

Determine the percentage of adults (age 18-85) whose records reflect an ICD10 code for chronic kidney disease

CKD Stage	ICD-10 Code
Stage 1	N18.1
Stage 2	N18.2
Stage 3	N18.30, 18.31, or 18.32
Stage 4	N18.4
Stage 5	N18.5
End Stage Renal Disease	N18.6
CKD unspecified	N18.9

Benchmark against national data. Surveillance data estimates suggest 15% of the adult population has CKD. Prevalence less than 10% suggests significant underdiagnosis of CKD.

Metric Title	Percentage of adult patients aged 18-85 with a documented CKD diagnosis
Numerator	Number of adult patients aged 18-85 who have a documented diagnosis of CKD (stages 1-5, including end-stage renal disease) within the reporting period.
Denominator	Number of adult patients aged 18-85 who have had at least one medical visit with a healthcare provider within the reporting period

NATIONAL KIDNEY FOUNDATION | CKD DATA ANALYSIS PROCESS

1

Step 2: Stratify your CKD and high-risk populations by demographics to identify health disparities

Race

Ethnicity

Gender

Age

Primary Language Spoken

Primary Insurance Type

Zip Code

Z-Codes (SDoH barriers):

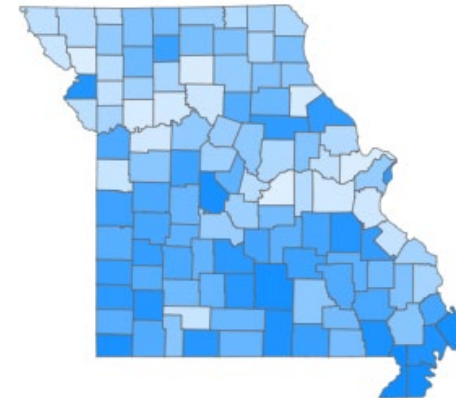
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- Z65 – Problems related to other psychosocial circumstances

Utilizing External Data Sources to Map Geographies Impacted by Health Disparities

Tools:

- Center for Health Disparities Research-University of Wisconsin SMPH: [Area Deprivation Index](#) mapping tool showing neighborhood-level socioeconomic conditions
- US Census Bureau [American Community Survey Data](#): Open-access, annually updated data on social, economic, housing, and demographic profiles by geography
- AHRQ [Social Determinants of Health Database](#): County, ZIP Code, and tract level data on SDoH
- CMS Data [Mapping Medicare Disparities by Hospital](#): Interactive tool showing Medicare disparities by SDoH, hospital, and patient populations
- [Missouri Hospital Association's Health Equity Dashboards](#): County and census-level mapping of social vulnerability by health domains
- CDC [Local Area Deprivation Tool](#): Framework for integrating SDoH into clinical and preventive care using area deprivation data.

Social Vulnerability Index by County



Step 3: Build the Case to Improve CKD Care

- Support your rationale for deploying care improvement with evidence-based resources and tools that address kidney care inequities
 - Consider all possible leverage points for leadership buy-in (including ROI)

Resources:

- Am J Health Syst Pharm (2024) [Moving forward from Cockcroft and Gault creatinine clearance to race-free eGFR rate to improve medication-related decision making in adults across healthcare settings](#)
- Prepared for CMS by NCQA [CKD Disparities: Educational Guide for Primary Care](#): Approaches to reducing disparities in CKD identification, treatment and monitoring, and patient-centered care
- Clin J Am Soc Nephrol (2019) [Trends in Quality of Care for Patients with CKD in the US](#): Study revealing high prevalence of uncontrolled hypertension and diabetes and low use of statins
- Semin Nephrol (2019) [Social Determinants of CKD Hotspots](#): Examines CKD hotspots in connection with SDoH
- Semin Nephrol (2021) [Social Justice as a Tool to Eliminate Inequities in Kidney Disease](#): Highlights social justice approaches to addressing kidney disease disparities and SDoH
- HHS [Health Equity in Healthy People 2030](#): Overview of the program's focus including overarching goals, health literacy, SDoH, and tools for action

Step 4: Convene a multi-disciplinary team to coordinate the intervention model



Step 4: Convene a multi-disciplinary team

- Review population health data to identify care improvement opportunities
 - Characterize the impact of SDoH within interested geographies or target populations
- Build consensus on evidence-based, guideline-driven interventions that prioritize addressing SDoH and CKD care disparities

Tools:

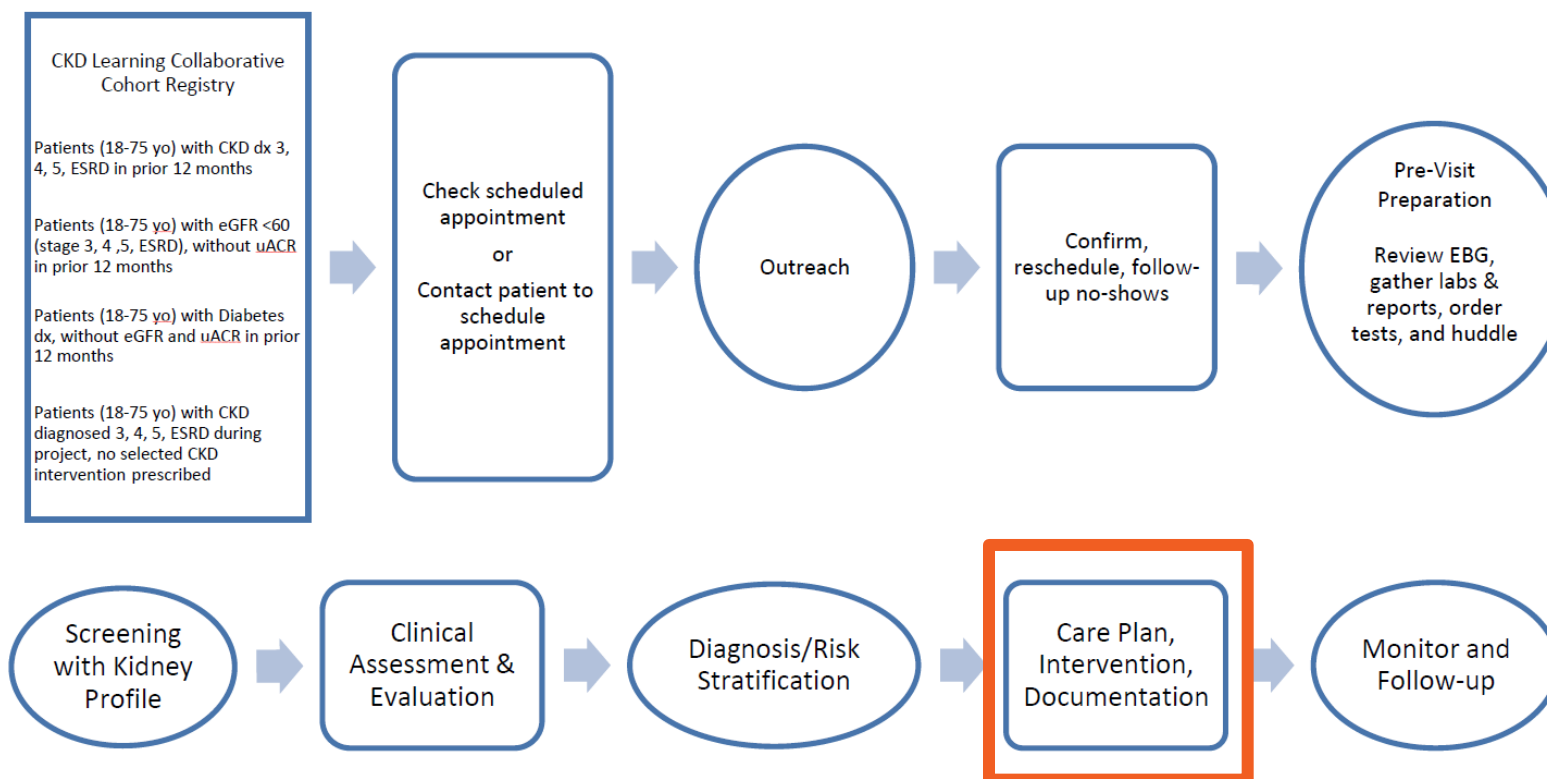
- CMS (2023) [USING Z CODES: The Social Determinants of Health \(SDOH\) Data Journey to Better Outcomes](#): Downloadable guide to using SDoH codes
- CMS (2021) [CKD Disparities: Educational Guide for Primary Care](#): Approaches to CKD identification, management, and patient-centered care
- AAFP [The EveryONE Project Toolkit](#): Strategies to advance health equity within the clinician practice and community

Step 5: Develop the Implementation Plan

- Identify and implement strategies to build equity into the clinical infrastructure and enhance access to quality care
 - Include SDoH assessment/screening tools in the CKD intervention
 - Consider resources and community-level approaches to address needs, including:
 - UNITE US: Supports cross-sector collaborative solutions among clinicians, payers, government, non-profits and others to improve health and well-being
 - The 211 Network: Confidentially connects those in need to expert, caring assistance
 - Consider a facilitated quality improvement program – *NKF's CKD Learning Collaborative* – or engagement of frontline healthcare workers to engage and support patients disproportionately burdened by CKD

Step 4: Evaluate and Measure the Impact

- Embed equity into the program evaluation metrics
 - Ensure the care team receives ongoing feedback about the agreed upon CKD interventions/quality metrics
- Engage practice staff in the refinement and application of the implementation strategy in their own workflows



Case Example 2: Frontline Healthcare Worker Education and Engagement

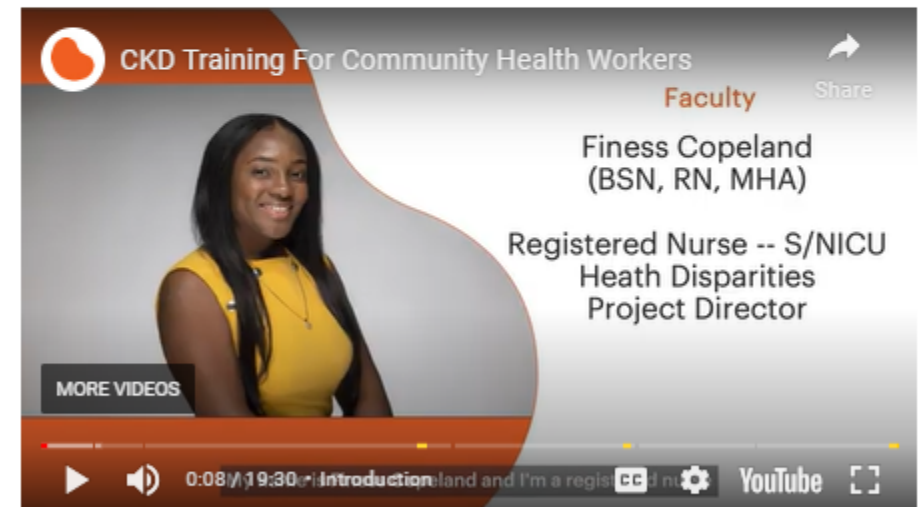
- Free tools for CHWs, Community Paramedics, Care Managers, and other frontline staff to facilitate CKD awareness and connection to care
 - Toolkit available at [kidney.org/NKF-Community-Health-Workers](https://www.kidney.org/NKF-Community-Health-Workers)
- Components:
 - Module video series
 - Training slides and scripts
 - Patient educational resources, including multilingual, low-literacy tools



Community Health Workers and Health Educators: Kidney Disease and Risk Factors

➤ Community Health Workers and Health Educators: Kidney Disease and Risk Factors

▼ Community Health Workers and Health Educators: Kidney Disease



Learning Objectives:

- State what the kidneys are & how they work
- State some functions of the kidneys
- Describe how kidney disease progresses
- State ways chronic Kidney disease (CKD) is treated

NKF CKD Change Package

Population Health Strategies for Cardiovascular and Kidney Disease Risk Reduction

- Recommended quality improvement program structure
- Step-by-step discussion of process steps involved in improving CKD care
- Tools/resources/best practices



CHRONIC KIDNEY DISEASE CHANGE PACKAGE 2023

Population Health Strategies for Cardiovascular
and Kidney Disease Risk Reduction



CKD intercept



Stages of CKD Change

The dashboard encompasses six Stages of Change for successful CKD care transformation, and each Stage provides actionable Change Ideas supported by evidence-based, guideline-driven Tools and Resources for care improvement activities.

1. Understand CKD and its Management in Primary Care

Review guideline testing and management for CKD and the consequences of unrecognized CKD as a disease multiplier.

Explore Stage of Change 1

2. Assess the Quality of CKD Care in Your Institution

Evaluate the effectiveness of your institution's CKD recognition and management.

Explore Stage of Change 2

3. Building the Business Case to Improve CKD Care

Demonstrate a strong case for change through a health equity lens and healthcare expenditures.

Explore Stage of Change 3

4. Convene a Multi- disciplinary Team

Gather input and participation from your institution's healthcare professionals who are ready for change.

Explore Stage of Change 4

5. Develop the Implementation Plan for Your CKD Intervention

Build a plan that aligns with practice or clinic workflows, patient panels, and available resources.

Explore Stage of Change 5

6. Execute and Measure Your Impact

Measure your CKD intervention to adjust as needed and help ensure it achieves the desired outcomes.

Explore Stage of Change 6

**Interested in learning more about these SDoH tools or
receiving additional implementation support from
NKF?**

Please fill out this brief from to share your interest with
NKF! We are here to help YOU!



kidneyforms.tfaforms.net/4728083



Q&A Discussion

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Post – Poll Questions

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Community and Hospital Social Worker Resource

Missouri Resource Guide

**Department of Social Services
Office of Workforce Community Initiatives Team
(OWC)**

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